

Full-body Mole Mapping

A comprehensive full-body examination that captures high-resolution images from multiple angles, creating a reliable baseline to help detect new moles or identify changes in existing ones over time.

Note: This examination is intended for individuals aged 16 and older.

Examination duration **up to 60 minutes**.

Examinations **NOT COVERED** by the RAMQ, but it may be reimbursed by certain private insurance plans

PREPARATION

Arrive **30 minutes before** your appointment.

Wear **comfortable clothing and shoes** that are easy to remove.

Wear **dark-colored underwear**.

(Loose-fitting boxers are not recommended.)

Avoid wearing jewelry, including watches, bracelets, necklaces, chains, and piercings.

Do not wear any makeup, lipstick, eyeliner, or nail polish.

Avoid self-tanning products for **at least one week** before your appointment.

If you have long hair, tie it back, as it may obstruct the imaging.

Do not wear **black or dark-colored socks**.

Note for male patients:

If you have significant body hair on the chest, abdomen, back, arms, or legs, it is strongly recommended to trim or shave these areas before the exam. Moles hidden by dense hair may not be visible to the imaging system.

Incomplete preparation may affect the quality of the scan and the accuracy of the results.